



Awareness of Counselling Psychology and The Significance of Counselling Service for The Rural School Context

G.C.R. Gunasekara

rasikagunasekara1996@gmail.com

Abstract

Rural students face multiple barriers to academic and personal success. The purpose of the research was to identify the practical importance of counselling services to resolve the problematic situations faced by school students. Education should be the root of social changes in an effective way. The mental foundation needed for education should be properly prepared. At a time when the society is strongly affected by corruption, it is corrupted by various misconducts; shock and violence are increasing. It can be identified, the school students who are studying a specific curriculum within a standard time frame are suffering from oppressive mentality in the current education pattern. The problems faced by the school students through the school curriculum, learning and teaching techniques, student behaviour patterns and learning progress in the school. The research question examined was whether counselling services are important for rural school contexts. This study belongs to the positivist approach. This exploratory research was designed under a mixed survey methodology. There are several data collection methods were used to build a more formal and logical study, used for mix method to improve for research. Questionnaire and structured interviews were adopted for data collection. In this study which was conducted based on school teachers, the awareness of the teaching professionals related to psycho-counselling was 72% moderate. Also, the teaching professionals further pointed out that counselling service is 100% essential for managing student problems in the school context. Also, among the special findings, in this field of study, there are no psychological counselling services and no school counsellor in schools, there have been reports of school students committing suicide due to non-operation of counselling services, it was found that the performance of teaching professionals was at a weak level in the management of student problems.

Keywords: Rural students, Counselling services, Rural school context, Psychological counselling, Awareness

