



## A study of Social and Cultural Factors on the Usage Contraceptive Methods Among the Rural Married Women

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### Abstract

Contraceptive methods play an important role in family managing process. In that background this research seeks to study about the modern methods, and the Contraceptive is study flows based on the topic, a study of Social and Cultural factors on the usage Contraceptive methods among the rural married women. In this research the study area was taken as the Puliyankulama Grama Niladari division and sample was taken using focus group method under non-probability sampling technique. This study was mainly conducted using mix-method strategy and the data analysis was done using qualitative data analysis through the thematic data analysis and qualitative data analysis through based on statistical data analysis method. According to the study, the findings about the usage of Contraceptive methods can be presented in four ways. Based on this, mainly happened was identifying the Contraceptive patterns of rural married women. According to this it was identified that rural married women are interested in traditional methods. The myths and beliefs of the among the rural traditional society is the main reason for traditionality in the society. Through the prospective of the usage of modern method, the main reasons were identified as the individual centralized social and cultural factors. Based on this, less knowledge about this method, scared of side effects, religion, nationality and caste she relates. Household centered social cultural factors is another factor for rural Contraceptive methods. The dislike of spouse and the effects of the spouse's family members, income are also some other factors which can be identified under the household centered social and cultural factors. Public centered society and cultural factors such as, social stigma, social pressure, education, occupation, socially constructed ideas and beliefs also effects on the usage of Contraceptive methods. Apart from above mentioned factors, social knowledge is a main factor which had affected in the usage of modern Contraceptive methods.

**Keywords:** Contraceptive methods, Households

